
IMPACT OF MDM TO RISE SOCIAL VALUES OF PRIMARY AND ELEMENTARY STUDENTS OF GOVT. SCHOOL

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Abstract: *Education plays the great vital and important role in fulfilling the basic needs of a common man viz. food, shelter and clothing. The health condition of the children has a considerable impact on their growth and on their education prospects. India recognized that the problem of malnutrition is multi-dimensional, multi-sectoral and inter-generational in nature. Besides the main aim of education is to prepare and develop the child physically, mentally and spiritually to lead a quality life.*

On the other hand after fulfill its own objectives with the twin objectives to know improving health and education of the poor children. From 2008-09 i.e. w.e.f 1st April, 2008, the programme covers all children Studying in Government, Local Body and Government – aided primary and upper primary schools and the EGS/ AIE centers including Madarsa and Maqtabas supported under SarvaSikhshaAbhiyan (SSA) of all areas across the country. Mid Day Meal Scheme in Punjab is implemented by the Department of School Education which is headed by Secretary at State level who is assisted by the Director General, School Education (DGSE).

In the study, the descriptive survey method was used. The data was collected from 190 teachers and 150 Cook- Cum helpers both primary and Elementary Govt. Schools. Overall Majority of the Teachers 90% were agree with the view that MDM Scheme have its own Quality to improve the Social values in Students.

Overall Majority of the Cook cum helper were agree with the view that MDM Scheme have its own Quality to improve the Social values in Students.

KEY WORDS: *MDM Mid day meal Scheme: PS Primary School: UPS : Upper Primary School : CCH: Cook Cum Helpers*

1.0 Introduction

Education plays the great vital and important role in fulfilling the basic needs of a common man viz. food, shelter and clothing. The health condition of the children has a considerable impact on their growth and on their education prospects. India recognized that the problem of malnutrition is multi-dimensional, multi-sectoral and inter-generational in nature. Besides the main aim of education is to prepare and develop the child physically, mentally and spiritually to lead a quality life. Education is a process through which a child is made capable to attain the necessary competencies and skills to face the challenges in life to survive and to make struggle for existence. Four important factors are identified for achieving the goal of Education for All. These are Access to Education, Enrolment of children, Retention of the enrolled children and Achievement. Mid-Day Meal scheme is an effort to achieve and facilitate all the four above said objectives.

On the other hand after fulfill its own objectives with the twin objectives to know impact of MDM scheme to rise social values of primary and elementary students of Govt school.

Brief History of Mid-Day Meal Scheme

Mid day Meal Scheme has been initiated by central government to attain the objective of providing free and compulsory universal primary education of satisfactory quality along with good health to all the children below the age of Mid-Day Meal in schools has had a long history in India. In 1925, a Mid-Day Meal Programme was introduced for disadvantaged children in Madras Municipal Corporation. By the mid, 1980s three States viz. Gujarat, Kerala and Tamil Nadu and the UT of Pondicherry had universalized a cooked Mid-Day Meal Programme with their own resources for children studying at the primary stage. 1990-91 the number of States implementing the mid-day meal programme with their own resources on a universal or a large scale had increased to twelve states.

From 2008-09 i.e. w.e.f 1st April, 2008, the programme covers all children Studying in Government, Local Body and Government – aided primary and upper primary schools and the EGS/ AIE centers including Madarsa and Maqtabas supported under Sarva Shiksha Abhiyan (SSA) of all areas across the country. The calorific value of a mid- day meal at upper primary stage has been fixed at a

minimum of 700 calorific and 20 grams of protein by providing 150 grams of food gains(rice/wheat) per child/school day.

The honorarium for cooks and helpers was paid from the Labour and other administrative charges of Rs. 04.40 per child per day provided under the cooking cost. In many cases the honorarium was so little that it become very difficult to engage manpower for cooking the meal. A separate component for payment of honorarium @ Rs. 1000 per month per cook- cum-helper was introduced from 1.12.2009. Honorarium at the above prescribed rate is being paid to cook-cum-helper. However, in some of the states the honorarium to cook-cum-helpers are being paid more than Rs. 1000/- through their state fund. Following norms for engagement of cook-cum-helper have been made:

- One cook-cum-helper for schools up to 25 students.
- Two cooks-cum-helpers for schools with 26 to 1000 students.

1) Mid Day Meal Scheme in Punjab

In Punjab, the hot cooked meal is served to the students in the lunch hour prepared in the in the all Govt Primary and Elementary school

Structure of Scheme

Mid Day Meal Scheme in Punjab is implemented by the Department of School Education which is headed by Secretary at State level who is assisted by the Director General, School Education (DGSE). A separate Mid Day Meal Cell at the State Level consisting of a General Manager and four Managers has been constituted under DGSE. At The District Level one District Manager has been posted. One Assistant Block Manager has been posted in each Block to implement and supervise the Mid Day Meal Scheme at the school level. In schools, Principals/ /Headmasters/ Headmistresses have been assigned the duty to supervise the preparation of MDM and in each schools teachers are assigned the duties of supervision of mid day meal preparation. Cook cum helpers has been appointed to cook and serve the food.

Implementation of MDM Scheme

Mid DayMeal Programme implementation is the overall responsibility of committees constituted at school level. Teacher Incharge of Mid-Day-Meal Programme maintains the day to day record of the programme. There are only two registers to be maintained at school level. One register is for maintenance of funds (Cash Book) and second register is kept for food grains

Objectives of the Study:

The following objectives were kept in mind while impact of Mid- day Meal Scheme to rise social values in Primary and Elementary Students of Govt School

The Objectives of Research Study

- To access the impact of MDM Scheme to rise social values in Primary and Elementary Students of Govt. Schools.
- To study the views and perceptions of the Teachers and Cook- Cum Helpers about to rise Social values in Primary and Elementary Students of Govt. Schools

2) Methodology

In the study, the descriptive survey method was used. The data was collected from 190 teachers and 150 Cook- Cum helpers both primary and Elementary Govt. Schools.

Selected 100 Govt. Schools in two blocks i.e Machhiwara Sahib I and Machhiwara Sahib II of Districts Ludhiana Punjab in the month of August, 2019 to February 2020. The research used both quantitative and qualitative research approaches in the data analysis Process. A questionnaire Scheduled was used for data collection from the teachers and Cook- Cum helpers.

Sample

The data was collected from randomly selected 100 Govt. Schools in each Block in the district Ludhiana). The sample includes the teachers and Cook- Cum helpers. One teacher and one Cook- Cum helper in each School from every Primary and Elementary were interviewed regarding various provisions of Social Values through mid-day meal Scheme. The details of Sample distribution is given in the Table :1

Table :1 Distribution of the sample in school

Districts	Blocks	Teachers		Cook-Cum Helpers	
Ludhiana	Machhiwara I	PS	UPS	PS	UPS
		50	20	32	35
	Machhiwara II	90	30	43	30

Data Collection Instruments and procedure

To Explore the viewed perception of cook cum helpers and teacher towards impact on Social values of primary and Elementary students, are interview scheme. The interview schedule for teachers include total 11 items; for CCH 11 items. There were 11 items in the questionnaires related to different aspects of Social values. To determine the content validity of the interview schedules, the peer of teachers who were incharge of MDM Scheme. On the basis of suggestions made by them, the questionnaires were, modified. Views and perceptions of teachers and cook cum helpers towards Social values developed through MDM Scheme.

All the views and perceptions of teachers and cook helpers are taken on the various social values were developed in students during scheme was effected in all Govt. Schools.

Table 2: views and perceptions of Teachers and Cook- Cum Helpers

Items of Social Values	Teachers		Cook cum Helpers	
	PST	UPT	PSC	UPSC
Secularism	90%	91%	92%	94%
Belonging to different caste	95%	92%	95%	95%
Color and Creed	92%	92%	94%	93%
Promote Friendship	90%	91%	93%	92%
Common Brotherhood	94%	93%	92%	94%
Hamility	95%	95%	95%	92%
Regularity	95%	94%	94%	92%
Helpful	94%	92%	92%	92%
Cooperation	92%	91%	91%	95%
Discipline	90%	90%	90%	96%
Moral Respect	92%	92%	95%	95%

Data Analysis

The findings of the study are presented in the following paragraphs on the basis of quantitative data analysis

Perceptionsof Teacher

All the teachers were aware the Mid-day meal Scheme that mid-meal day menu arrangements, Kitchen shed and appointment of Cook Cum helpers of primary and Elementary teachers. All the teachers were satisfied to impact of MDM Scheme on developed Social values in students about 90%above of the Primary Teacher and 90%above Elementary teacherswere satisfied with all impact of MDM Scheme on organize Social values of Students. Overall Majority of the Teachers 90% were agree with the view that MDM Scheme have its own Quality to improve the Social values in Students. They accepted that the behavior of Students were changed from scheme had effect a Schools Climate. Student produce good manners which are becomes social values of Students. Teachers have opinions that MDM scheme has act the great role to develop the Social values in School Climate.

All the students ,irrespective of their caste creed and region take the MDM thus spread common values and also imbibe good traditions of the Indian Society amongst the Student theory the MDM scheme own.

Perceptions of Cook- Cum Helpers

All the Cook- cum were aware the Mid-day meal Scheme that mid- day menu arrangements, Kitchen shed and appointment of Cook Cum helpers of primary and Elementary CCH. All the Cook cum helper were satisfied to impact of MDM Scheme on developed Social values in students about also 90% above of the Primary Cook cum helper also 90% above Elementary Cook- Cum helpers were satisfied with all impact of MDM Scheme on organize Social values of Students. They have common views to develop social values.

Overall Majority of the Cook cum helper were agree with the view that MDM Scheme have its own Quality to improve the Social values in Students. They accepted that the behavior of Students were changed from scheme had effect a Schools Climate. Student produce good manner which are

becomes social values of Students. Cook Cum helpers even opinhave options that MDM scheme has act the great role to develop the Social values in School Climate.

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Overall majority of Cook Cum helper 90% were agree to Rise develop Social values in students through MDM Scheme. Students have respect for them and they love them when they served food like mother.

Thus we have conclude that Cook- Cum helpers have also accepted to impact of MDM Scheme to rise Social values in Students of Govt. Schools.

Conclusion

Brief write up on best practices followed by the Researcher

The following best practices are followed in the schools:-

- 1** All students, irrespective of their caste, creed and religion take the Mid Day Meal and thus spread a message of common brotherhood and also imbibe good traditions of the Indian society amongst the students;
- 2** Participation of the women, particularly, the mothers in cooking and serving to the children / students is very good practice. It has also enforced the accountability of teachers towards society to impart quality education to students;
- 3** In some of the places, the students have been motivated to produce the vegetables by making use of available land in the schools effectively. This will not only make the school self-sustainable but would also inculcate the habit of self- reliance and cooperation amongst the students;
- 4** Students have been motivated to wash their hands before and after taking the meals and for that every school has been provided soap.
- 5** Use of Double Fortified Salt with Iron and Iodine has been made mandatory in the schools.
- 6** Kheer as Sweet Dish has been introduced in the schools on every Saturday day along with the

regularmeals.

- 7 To prepare fresh and hot cooked food served to students.
- 8 Theviews and perceptions of teachers and cook helpers are taken on the various social values were developed in students during MDM scheme was effected in all Govt Schools.
- 9 The aspect of good health have maintain growth structure of students through the MDM.
Group of Students make healthy and loving School climate among students and Teachers all manners are produce Social value.

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